

*The Independent Voice of
the University of
Tennessee at Martin*

UT Martin welcomes class of 2028



Various university staff and students celebrate Welcome Weekend 2024 on campus. | **Photo credits / University Relations and Pacer Staff**

Weakley County is all Hutcherson

Bethany Collins / Co-Viewpoints Editor

As students arrive back on campus and we get a new group of freshmen as well, a change in local leadership is leading many locals and young people to see our county with new hope. Voices were heard, the party letters were ignored, and policy won over the establishment as Weakley County elected Dale Hutcherson as our County Mayor.

During the lead-up to the election, Hutcherson originally planned to run as a Republican but was met with opposition from the Weakley County GOP. Commissioner John Robert Freeman was named the Republican candidate after a clause in the party bylaws said that only “bona fide” party members could run in a caucus.

Hutcherson is not a bona fide member as he missed a primary while he was in law school. This made him one short of the voting in three out of the last four primaries as a Republican to be considered bona fide. This caused a major division within the dominant party of Weakley County. Many people were upset that this bylaw was not made clear to candidates before.

Moving on to the campaigns, Hutcherson was a very prominent candidate on social media and in person. His stance on being a servant leader, a chief marketer, a resource and an advocate for Weakley County seemed to hit deep within the hearts of those who live here and love it just as much. The videos posted on his social media page told the voters what his policies were and where he stood on certain issues facing our community. His heartfelt policies and tearful remarks about his love for the county that raised him sealed his fate as the new mayor.

One cannot ignore the influence of social media as well, with meme accounts like the Unofficial City of Martin giving him the nickname



Dale (left) and Sam Hutcherson at his swearing in on Aug 19. | *Pacer Photo / Bethany Collins*

“Sugar Baby” Hutcherson. While some would take offense to the joking name, Hutcherson seemed to embrace it by liking the posts and even thanking them on a congratulatory post they made about his swearing-in.

Hutcherson won the election that was held on Aug. 1 with 2,982 votes compared to Freeman’s 1,593 votes and Danny Powers’ 231 votes. On Aug 19, 2024, Hutcherson was sworn into the office of Weakley County Mayor which was vacated after Jake Bynum left in March of this year.

One thing that he also talked a lot about during his campaign is how to use UT Martin as a resource for the county and have the county be a resource for UT Martin. “ I think there’s some really good ideas that he (Chancellor Freeman) brought to the table and things that will certainly be beneficial to our county as a whole. Not just in Martin or not just for the university, but I really do think that some of the ideas he has will expand and transcend throughout the county.”

Mayor Hutcherson also talked about trying to keep students, such as the Stem students who have a track record of getting amazing jobs after graduation, here in Weakley County

to help grow the community. He said “It’s a great setup and something that Chancellor Freeman and I talked about was trying to make sure that we set up opportunities to retain students that will come out of UT Martin here in Weakley County. You know, I’d love to make sure that we can provide not only a stable infrastructure for them, but job opportunities here in the county that will make them want to stay and, you know, accelerate their career path and raise their families and all those good things. ...I used the term during my campaign, homegrown growth. That is certainly, to me, one of the key ways we can achieve that is making sure we’re retaining those students and showing them that we have opportunities right here.”

Hutcherson’s connection to UT Martin is abundant. While he did not come to UT Martin for his undergraduate, both of his parents are alumni while his grandmother was a professor here at UT Martin for 30 plus years. His wife, Samantha “Sam” Hutcherson, works as the Associate Director of Corporate Relations for the Office of Development within the UT Foundation where she fundraises and engages with corporations across Northwest Tennessee.

As a college student, one thing I have heard from many is that we need more young people in our government. I agree because we need new ideas and outlooks on how to expand our once thriving community. Mayor Hutcherson has those traits. He has a proven track record with his legal practice and his time as a Dresden Alderman. He has already started to be very transparent with events in the community with a new weekly video that gets posted on the official Weakley County Tennessee Facebook page. He is reaching out to the younger audience and is working to show that he will keep his campaign promises because he loves Weakley County and wants to see it grow.



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UT wellness officer visits campus

UT Martin also has new Student Health director

University Relations

Wellness and mental health go hand-in-hand, and the University of Tennessee is making both university-wide priorities. This commitment was evident Feb. 1 when Dr. Jessi Gold was named the first chief wellness officer for the UT System. She is also an associate professor of Psychiatry at the UT Health Science Center.

Gold and Dr. Bernie Savarese, UT System vice president for Academic Affairs, Research and Student Success, traveled to UT Martin on Aug. 6 as they visit UT campuses to gain a better understanding of the wellness culture on each campus and related services provided to students.

Gold and Savarese visited with Chancellor Yancy Freeman, Dr. Andy Lewter, vice chancellor for Student Affairs, Dr. Philip Acree Cavalier, provost and senior vice chancellor for Academic Affairs and members of the Student Affairs staff, including Student Health and Counseling Center staff members. They also continued their discussions at lunch where they were joined by UT Martin students.

“Working with Dr. Gold will provide opportunities to share resources across the UT System,” Lewter said. “Her expertise will be invaluable as we provide the best possible wellness services to UTM students.”

At UT Martin, Allison Castleman began Aug. 12 as the new director of Student Health and Counseling. Castleman is a 2011 alumna of the UT Martin Department of Nursing. She received a master of science in Nursing Education in 2016 from Western Governor’s University and then a post master’s certificate in Family Nurse Practitioner from the University of Memphis in 2019.

Castleman has a background in a



UT Martin students joined Drs. Jessi Gold and Bernie Savarese for lunch and a discussion about campus wellness Aug. 6 in the Boling University Center. Participating students were Haley Straka, Obion; Kate Pilcher, Obion; Jordan Whitehead, Tupelo, Mississippi; Charlie Shipman, Memphis; Blake Holliman, Greenfield; Dr. Jessi Gold, Dr. Bernie Savarese, Harley Gulley, Belvidere; Hayden Spry, Mount Juliet; Emily Long, Kingston Springs; Tristan Villasica, Martin; and Taylor Harris, Jackson. | **Photo credit / University Relations**

variety of settings ranging from clinical nursing in hospitals and home health to teaching and even staff development and grant management. As a nurse practitioner, she spent the past four years providing health services at the Tennessee Department of Health in Weakley and Carroll counties.

“I am excited to be at UTM and working alongside Dr. Jessi Gold,” Castleman said. “I know amazing things are in store.”

Gold’s new role comes at a critical time. In a February story for the UT Health Science Center, Gold said that her personal experiences and background will help her make an impact across the UT System.

“There’s a crisis in this country. There’s a crisis on college campuses. There’s a crisis in health-care workers, and we need to do something about it,” she

said in the story. “We need to actively and systematically be approaching this across the spectrum of mental health needs. This role is really a commitment at the highest level to be doing that.”

Gold earned bachelor’s and master’s degrees in Anthropology at the University of Pennsylvania. She earned her medical degree at the Yale School of Medicine and completed her residency in adult psychiatry at Stanford University. She served as chief resident while at Stanford.

“We are so fortunate to have someone of Dr. Gold’s caliber here with us at the UT System,” Savarese said. “She is a passionate advocate for students’, faculty and staff wellbeing. I look forward to what the future will bring as we drive toward being a national leader in our ability to create healthy campuses where everyone can thrive.”

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Check out what's happening this fall

Aug. 28 – Guest speakers Dr. Arthur C. Brooks and Michael Oher visit campus (see page 8)

Aug. 28 – RAVE emergency notification system test

Aug. 29 – Part-Time Job Fair, 1-3 p.m., UC Ballroom (see page 6)

Through Aug. 30 – Paul Meek Library Building Pop-Ups

Aug. 30 – Last day to add full-semester classes

Sept. 2 – Labor Day Holiday

Sept. 3-7 – Tennessee Soybean Festival in Martin

Sept. 3 – Soybean Festival Parade, 6:30 p.m., from the Hardy Graham Stadium parking lot through downtown Martin

Sept. 5 – Administrative drop for non-payment

Sept. 8 – Last day to drop without a “W” grade

Sept. 10 – A Look at AI/ChatGPT through the eyes of UTM faculty and Students (library event)

Sept. 18 – Paul Meek Library Open House

Sept. 22-28 – Banned Book Trivia

Sept. 23 – CoMeekCon Cosplay Event, Paul Meek Library

Sept. 24-25 – STEM, Healthcare and All Majors Career Fairs (see page 6)

Sept. 27-Oct. 7 – Student Homecoming Banner Competition

Oct. 5 – UT Martin Quad City and Homecoming

Oct. 7-11 – Puppy Love Fall Edition (Library event)

Oct. 8 – Graduate School Fair, 1-4 p.m., UC Ballroom

Oct. 11 – Midterm progress reports due by 8:30 a.m.

Oct. 12-15 – Fall Break

Oct. 18 – Last day to drop a full-semester class without documentation

Oct. 18 – Hallow's end Dorms & Dragons Event (Library event)

Oct. 22 – “Transfer Students and UTM Research Projects” – student panel discussion (Library event)



For a complete schedule of Tennessee Soybean Festival activities, go to tsoybeanfestival.org.

Graphic credit / City of Martin

Oct. 25 – Free Play activities during National Transfer Week (Library event)

Nov. 4-8 – First Generation Bingo (Library event)

Nov. 7-8 – Early registration for approved groups for spring 2025

Nov. 11-15 – Advising and early registration for all students for spring 2025

Nov. 11 – Veterans Day parade, 10 a.m., Martin

Nov. 15 – PML Express Escape Room

Nov. 18 – Book Swap & Fuzzy Socks (Library event)

Nov. 27-Dec. 1 – Thanksgiving holiday

Dec. 2 – Stress ReDuckTion Game Night (Library event)

Dec. 6 – Classes end

Dec. 9-13 – Final exams

Dec. 10 – Control and Bias in

American Media, presented by Dr. John LaDue at the Martin Public Library

Dec. 14 – Commencement, Elam Center

Dec. 16 – Final grades due by 8:30 a.m.

Dec. 23-31 – Winter holiday; all UT Martin offices closed

Jan. 8 – Advising

Jan. 9 – Spring 2025 classes begin

Jan. 15 – Last day to add classes

Jan. 20 – Martin Luther King Jr. holiday

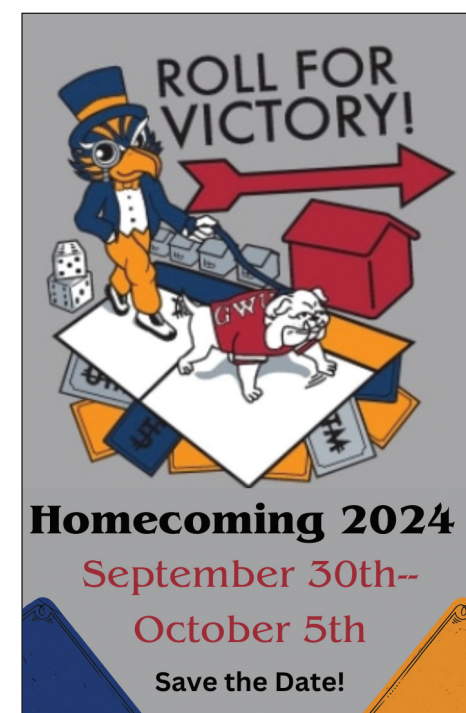
March 24-30 – Spring Break

April 18 – Spring Holiday

April 26-May 2 – Final exams

May 3 – Commencement, Elam Center

Information can change, so check cityofmartin.net and university resources for updates.



Pacer graphic / Trenton Michon

Summer scope: What you missed on campus

All of the following stories are courtesy of the Office of University Relations. Go to news.utm.edu for more stories.

Chancellor aims for 10,000 students

UT Martin Chancellor Yancy Freeman announced some of the university's goals and recent achievements at the opening meeting for the 2024-25 year.

Freeman said that UT Martin has set a goal of reaching an enrollment of 10,000 students by 2030. "Our goal encompasses undergraduate and graduate students – face-to-face, online and hybrid students – and students enrolled in one of our six regional centers," he told those in attendance.

"On the face of it, the goal to reach 10,000 students seems like it might be somewhere between improbable and impossible. But, what if I told you it would only take a 5.33% increase each year, from this year to 2030, for us to get to that goal? Where it seemed impossible, it is absolutely possible because we are double that now for the upcoming fall semester."

UT Martin honors first Black admin

The Rev. Harold Conner Sr., the first Black administrator at UT Martin, was honored Aug. 17 in a tribute held at Watkins Auditorium in the Boling University Center. Weakley County Mayor Dale Hutcherson presented a biography and photo of Conner at the event. Before coming to UT Martin, Conner was a minister at Fuller Street Baptist Church and became the principal of the Weakley County Training School and encouraged one of his students, Jessie Lou Arnold Pryor, to attend the university as its first Black student in June 1961. After coming to UT Martin to become the assistant dean of students in 1969, he

became known as "Dean Conner." He would later become the Assistant Vice Chancellor for Student Affairs. Conner retired from UT Martin in 1981 and passed on Oct. 15, 2017.

Mid-South ag conference held

The 26th annual Mid-South Agriculture Finance Conference was held Aug. 7 in Watkins Auditorium in the Boling University Center at the UT Martin.

Begun in 1999, the conference provides up-to-date and pertinent information to help farmers and others succeed in the field of agriculture business.

This year's conference had a strong turnout and featured the return of Dr. David Kohl, professor emeritus of agricultural and applied economics at Virginia Tech University, who has spoken at each of the previous conferences.

Board approves 3% tuition increase

A 3% in-state undergraduate tuition increase for UT Martin students was approved June 25 for the 2024-25 academic year by the UT Board of Trustees during the final day of the board's annual meeting in Knoxville. Specific fees increases were also approved by the board along with a \$174 million UT Martin operating budget. UT Martin undergraduate students will pay an additional \$256 per year starting this fall for a total tuition payment of \$8,802 for the academic year. Undergraduate students will also pay an additional \$8 per semester student media fee for a total of \$30 per year. A new academic support fee supported by the UT Martin Student Government Association will total \$40 per semester and will fund increased student academic support.

Sixth Regional Center opens

The UT Martin welcomed a sixth regional center on May 22 when the Tennessee Higher Education Commission voted for approval of the UT Martin Springfield Center. This center is housed on the Volunteer State Community College-Springfield campus.

The addition of this center comes

after a successful partnership between Vol State-Springfield and UT Martin. In November 2023, the campuses entered an agreement that allowed students to pursue post-secondary education in agriculture, education, health care and technology sectors onsite. For more information about the UT Martin Springfield Center, contact the Office of Regional Centers and Online Programs at 731-881-7089.

Welcome Skyhawks



Wesley Foundation Weekly Events

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Free Dinner at 5:15pm &
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Wednesday

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CPAD hosts career fairs, other help for students

Marques Rice / Co-News Editor

With a new school year beginning, Career Planning and Development (CPAD) is more important than ever.

Preparing for life after college is crucial and must be started from the moment you step onto campus. CPAD's goal is to help each student have a plan for their life during and after college. CPAD assists in providing information and opportunities for students to get internships, jobs and also helps with deciding if graduate school is the right path for them.

Not only does CPAD meet with students personally, but they also host career fairs throughout the year to help students see how many opportunities there are in the area. In the coming weeks, several career fairs are happening with each having a different focus and target groups.

Demetrius Robinson, director of CPAD, says, "The advice is to utilize CPAD a.k.a. Career Services early and often. We can help students to prepare for the workforce."

The career fairs are great ways to connect with businesses in the local area along with finding job opportunities that are only available through certain companies.

"Our office encourages the students to meet with a career counselor. The counselor will assist in helping the students to identify their next steps," Robinson says.

Besides the career fairs, CPAD also provides free headshots on Wednesdays, along with resumé building when stopping by the office. The offices are also where the Captain's Closet is located. This is where free business attire is located and available to all current students.

Please see CPAD, page 7

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Wednesday, September 25 | 12 PM - 4 PM
Boling University Center Ballroom

2024

PART-TIME JOB FAIR

Thursday, August 29 | 1 PM - 3 PM
Boling University Center Ballroom

GRADUATE SCHOOL FAIR

Tuesday, October 8 | 1 PM - 4 PM
Boling University Center Ballroom



utm.edu/career
731.881.7712 | UC 210



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Campus selected as FirstGen Forward Network partner

University Relations

UT Martin has been made a member of the FirstGen Forward Network.

FirstGen Forward (FGF) is the premier source of evidence-based practices, professional development and knowledge creation for the higher education community to advance the success of first-generation students.

UT Martin is now part of a select group of partner institutions helping to advance the FGF mission: to provide data, training and expertise for colleges and universities across the country to scale and sustain the important work of serving first-generation students.

UT Martin “continues to provide access and develop leaders who are first-generation college students,” said Chancellor Yancy Freeman. “UTM’s participation in FirstGen Forward expands our opportunity to engage with a community of leaders on the best practices for recruiting, enrolling and graduating first-generation college students. We are proud to contribute to the wealth of knowledge to increase educational outcomes for our best and brightest students.”

CPAD, from page 6

CPAD also works directly with companies to source workers, which makes that transition for students from college to the workforce even more seamless.

“Our office encourages students to create a LinkedIn and Handshake Profile; by creating a profile this will expose the students to other opportunities outside of Martin. Attending CPAD’s annual career fairs also helps students promote themselves by networking,” Robinson says.

Students may visit CPAD in room 210 of the Boling University Center.

UT MARTIN

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Campus hosts guest speakers Aug. 28

University Relations

UT Martin will welcome two highly noted speakers to campus on Wednesday, Aug. 28, with a free public session scheduled for the afternoon.

Harvard professor and best-selling author Dr. Arthur C. Brooks and Michael Oher, the former Tennessee Titan and member of the Baltimore Ravens team that won Super Bowl XLVII, will speak to students and the public.

Chancellor Yancy Freeman will moderate a question-and-answer session for both speakers at the 2:30 p.m. session in Watkins Auditorium in the Boling University Center.

The event is sponsored by the Institute of American Civics and the University of Tennessee at Martin.

The two speakers will have a meet-and-greet session at 11 a.m. in Room 206 of the Boling University Center with a select group of university faculty, staff and student administrators as well as media members. The opening 25 minutes will feature remarks from the two speakers, and the floor will then be opened for questions for 20 minutes.

At noon, the two will speak in the Kathleen and Tom Elam Center to UT Martin students, with Oher making introductory remarks for Brooks, who will deliver a traditional keynote speech called “Build the Life You Want.”

Brooks will speak to the public at 2:30 p.m. in Watkins Auditorium, where



Dr. Arthur C. Brooks, left, a Harvard professor and author, and Michael Oher, right, a former NFL player who was the subject of the movie “The Blind Side,” will speak at UT Martin Wednesday, Aug. 28.

| **Photos provided**

the keynote address will be “Love Your Enemies.” This session is open to all faculty, staff and community members. Admission is free for this session.

Brooks is a professor at the Harvard Kennedy School and the Harvard Business School, where he teaches courses on leadership and happiness. He is also a columnist at The Atlantic, where he writes the popular “How to Build a Life” column.

Brooks is the No. 1 New York Times bestselling author of 13 books, including “Build the Life You Want”

– co-authored with Oprah Winfrey in 2023 – and “From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life.”

Brooks is one of the world’s leading experts on the science of human happiness, appearing in the media and traveling the world to teach people in private companies, universities, public agencies and faith communities how they can live happier lives and bring greater well-being to others.

Outside of his NFL career, Oher

is best known as the subject of the movie “The Blind Side,” which is about his experience in overcoming economic, academic and life challenges to play football for the University of Mississippi and then at the professional level.

With his personal experience of poverty and homelessness, Oher now dedicates his life to supporting disadvantaged youth through his charity, the Oher Foundation, which empowers youth with opportunities in education, mentorship and community support.

Oher was able to navigate the hardships of life as a foster kid who went from the streets of Memphis all the way to the NFL. He became a two-time all-American at the University of Mississippi and led the Baltimore Ravens to victory in Super Bowl XLVII.

After an eight-year NFL career, Oher now focuses on his foundation, which is based in Nashville. His inspiring story is detailed in the New York Times best-selling books “I Beat The Odds: From Homelessness To The Blind Side and Beyond” and “When Our Backs Against the Wall: Fame, Football, and Lessons Learned through a Lifetime of Adversity.”

For more information about Brooks, visit arthurbrooks.com.

For more information about the Oher Foundation, visit oherfoundation.org.

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Pacer graphic / Trenton Michon



The UT Martin Recycling Barn is open Monday, Wednesday, Friday and Saturday from 7 a.m. through 1 p.m. There are a number of different materials that they accept including cardboard, grocery bags, No. 1 and No. 2 plastics (which are on objects such as bottles that have a recycling symbol with a one or two in it), mixed paper, books and various metals. Metals have to be sorted by soda cans and soup cans. The barn staff cannot take any kind of glass, light bulbs, batteries, furniture, wood, mattresses, any kind of aerosol or paint cans and anything higher than one or two plastics. They encourage all students and the community to recycle. | **Pacer Photo / Erika O'Brien**

UT Martin sets record for vet school admission

University Relations

This fall, a record 28 UT Martin veterinary science and technology graduates will enter veterinary schools across the U.S. and overseas.

Dr. Todd Winters, dean of the College of Agriculture and Applied Sciences, said 20 of those graduates will attend the UT College of Veterinary Medicine.

“The 28 students (accepted into postgraduate studies in one year) far surpasses the record of 21 that we had last year,” he said.

UT Martin also graduated 38 students in the field of veterinary technology, another school record. These graduates came to UT Martin from all three regions of Tennessee, and many will return to these areas following completion of their careers to serve Tennessee communities.

Dr. Jason Roberts, professor of

Animal Science and the program director of veterinary technology, said this surge in veterinary graduates comes at a good time.

“Not only will many of these future veterinarians and veterinary nurses contribute to the shortage of small animal veterinary professionals, but several of these students also come from agricultural backgrounds and have an interest in working with large animals.”

According to an article published in the April 29 issue of *USA Today*, a report by Mars Veterinary Health showed the U.S. will need as many as 55,000 additional veterinarians by 2030 to meet the increasing need for companion animals’ health care. The article added that by 2030, there may be a shortage of up to 24,000 companion animal veterinarians, even accounting for students who will become veterinarians in the next decade.

In July 2022, the Association of American Veterinary Medical Colleges issued a statement regarding the shortage in the U.S. veterinary workforce.

“Significant shortages of veterinarians exist across all sectors of professional activity and at all levels of specialization,” it states. “... The available evidence indicates that these shortages are a result of systemic, long-term trends in pet ownership and demand for veterinary services, along with limited capacity for training veterinary professionals.”

The statement added that in 2019, there were 2,000 to 3,000 more open jobs than veterinarians available to hire.

“UT Martin is fortunate to have an experienced team of five veterinarians and five veterinary technicians who teach in the program,” Roberts said. “The program also utilizes a 700-acre teaching farm and small-animal

veterinary clinic where students gain hands-on experience from veterinary professionals with large, small and exotic animals as they prepare for veterinary careers.”

The 20 UT Martin graduates accepted into the UT College of Veterinary Medicine are Allison Brigman of Finger, Makayla Buchanan of Obion, Alissa Carter of Ripley, Madison Chadwell of Loretto, Chloe Dobson of Hixson, Ella Fagin of Milan, Grant Funderburk of Bath Springs, Rebecca Glover of Spring Hill, Jared Henson of Hillsboro, Adrienne Huestis of Cottage Grove, Rachel Jones of St. Joseph, Avery Leyhue of Martin, Lilly Mahaney of Ashland City, Mackenzie Moody of Dyersburg, Chloe Ragland of Spencer, Naomi Sherman of Murfreesboro, Karley Simmons of Shelbyville, Ben Smith of Paris, Ainsley Watt of Loudon and Kaitlyn Williams of Cordova.

Easy college recipes for students to try in the dorms

Mekenzie Coleman / Executive Editor
Trenton Michon / Co-Viewpoints Editor

Microwaved Quesadillas

Ingredients:
2 large flour tortillas
1 cup of your choice of shredded cheese
Sour cream
Salsa

Directions:

1. Place one tortilla on a microwave safe plate.
2. Add shredded cheese to the first tortilla and place the second tortilla on top.
3. Microwave for 1 minute or until cheese is melted.
4. Slice and serve.
5. Use sour cream or salsa as dipping sauce.

Upgraded Ramen

Ingredients:
1 pack of Maruchan chicken noodles
1 package of spinach
1 egg
Chili oil (or chili flakes)

Directions:

1. Bring 2 cups of water to a boil.
2. Add noodles to boiling water a minute later.
3. Add spinach.
4. Cook for three minutes.
5. Remove from heat, add flavor packet, stir well.

6. Transfer to bowl.
7. Fry or boil egg to your liking.
8. Add chili oil and serve.

Burrito Bowl

Ingredients:
1 can of black or pinto beans
1 can of corn (southwest corn with peppers added works best)
8oz frozen or canned chicken
1 single-serve cup of minute rice
½ cup diced peppers (can be skipped)
Cheese, sour cream, Hot sauce to taste

Directions:

1. Add the corn, beans, chicken, and peppers together into a large pot.
2. Heat until all ingredients are warm, stirring frequently (at least 10-12 minutes).
3. Microwave the rice according to the direction on the package.
4. Add the rice and heated ingredients together, heat another minute.
5. Serve with sour cream, cheese, and/or hot sauce to taste.

Yogurt Bowl

Ingredients:
Greek yogurt
Fruit
Extra toppings of your choice

1. Add your yogurt into a bowl
2. Wash your choice of fruit and add it on top
3. Sprinkle on your extra toppings

French Toast

Ingredients:

1 egg
Milk
Cinnamon
1/8 teaspoon of vanilla
2 pieces of bread
Butter
Syrup

Directions:

1. Add an egg and some milk into a bowl.
2. Add a dash of cinnamon, 1/8 teaspoon vanilla and whisk.
3. Transfer to a container and dip 2 pieces of bread in the egg mixture.
4. Cook on a skillet 3 minutes until both sides are cooked through.
5. Serve with butter and syrup.

Pasta Salad

Ingredients:
Rotini noodles
Chicken strips
Tomatoes
Cucumber
Carrots
Onion
Cheddar cheese

Directions:

1. Boil rotini noodles.
2. While noodles boil, cook desired amount of chicken strips.
3. Chop tomatoes, cucumber, carrots, onion and dice some cheddar cheese.
4. Mix pasta, chicken, veggies, cheese and preferred salad dressing. Serve warm or cold.



Here's how being 'very demure' got trendy

Adrianna' Carter / Photographer

Almost every day, there is a new trend which causes society to hop on the wave before it dies down. In this case, it's a catchphrase that has got the world in a frenzy. This term has people questioning themselves if they are acting very 'demure', 'mindful', or even 'cutesy'. How did this get popularized overnight? All it took was a simple TikTok video of Jools Lebron explaining how women like herself should wear their makeup, dress for an interview, and various things that she wouldn't do when interviewing while entering the professional field. Being 'Very demure' took the world by storm without Lebron even realizing how big it would blow up across different media platforms including X (formerly known as Twitter), Instagram, Snapchat and also Facebook. Millions of people (even celebrities!) around the world included the phrase in videos causing it to even make it to the White House in a matter of time.

The word 'demure' means to be reserved, modest, and shy. It is typically used to give compliments on a woman's appearance, style, or the way she holds herself up due to the amount of confidence she may have. 'Demure' has now become a part of most individuals' vocabulary which is a good thing because it allows people to expand their vocabulary. However, the constant



Photo Credit | Kevin Ortega-Rojas / Remezcla

use of the word can over time can get annoying. A twitter user expressed, "Very demure, very cutesy is the most annoying phrase trend. I physically cringe every time I hear it." One thing that has stood out to people other than the word itself is one of the many statements that Lebron used, "A lot of you girls go to the interview looking like Marge Simpson and go to the job looking like Patty and Selma. Not demure." Which has people rethinking their dress attire for work.

Lebron has even took being demure to her first TV debut on Jimmy Kimmel Live! Although, it was revealed shortly after her appearance that someone has filed trademark for her famous catchphrase without her permission, she will forever be credited to the world as being very mindful, very demure.

essential back to
school playlist

Kendrick Lamar - Not Like Us
Tommy Richman - MILLION DOLLAR BABY
Sabrina Carpenter - Taste
Charli XCX & Billie Eilish - Guess
LISA - ROCKSTAR
Clairo - Juna
Megan Thee Stallion - Mamushi (feat. Yuki Chiba)

Pacer Graphic / J.J Somerville and
Adrianna' Carter

100%

The Tennessee Soybean Festival and the University of Tennessee at Martin
Department of Visual and Theater Arts presents

OPENING RECEPTION:
Sept. 1, 2024 from 2-4 p.m.
Awards start at 3 p.m.

GALLERY HOURS:
3-7 p.m. Monday through Thursday,
1-5 p.m. Friday through Sunday

DATE:
Sept. 1 - Sept. 21, 2024

WHERE:
Fine Arts Building Gallery
16 Mt. Pelia Rd.

Music Department features numerous public fall events

Every Friday, Aug. 30-Dec. 6 – Recital Hour, noon to 1 p.m., Blankenship Recital Hall

Sept. 27 – Choro Das Tres, 7:30 p.m., Blankenship Recital Hall

Oct. 4-5 – Dessert Evening, 7:30 p.m., Blankenship Recital Hall

Oct. 8 – Wind Ensemble, 7:30 p.m., Harriet Fulton Theatre

Nov. 8-9 – Lyric Opera Theatre, 7:30 p.m., Harriet Fulton Theatre

Nov. 10 – Percussion Ensemble, 3 p.m., Blankenship Recital Hall

Nov. 19 – Voice Studio Recital, 7:30 p.m., Blankenship Recital Hall

Nov. 24 – C.J. Lake senior percussion recital, 3 p.m., Blankenship Recital Hall

Nov. 24 – Thomas Holcomb junior percussion recital, 7 p.m., Blankenship Recital Hall

Nov. 25 – Treble Honor Choir, 8 a.m., Fine Arts Building

Dec. 2 – Martin Community Orchestra

Concert, 7 p.m., Blankenship Recital Hall

Dec. 3 – Wind Ensemble and Choirs joint concert, 7:30 p.m., Harriet Fulton Theatre

Dec. 5 – Jazz Ensemble Concert, 8 p.m., Harriet Fulton Theatre



FINE ARTS GALLERY

Art Exhibitions for 2023-2024

Art Exhibitions take place in the Fine Arts Building Gallery openings are scheduled for Tuesdays from 5:00 p.m. – 6:30 p.m. unless otherwise noted.

Gallery Hours

3:00-7:00 Monday-Thursday, 1:00-5:00 Friday – Sunday During exhibitions. Closed during the installation of new exhibits.

July 1 – August 30

Closing Reception August 30, 5:00-7:00 pm

Recon

Invitational Group Exhibition

September 1 – 21

Opening Reception Sept. 1, 2:00-4:00pm

Guitar As Art!

Invitational Group Exhibition

September 24 – October 19

Reception and Panel Talk Oct. 5, 4:00-6:00pm

VTA Alumni

Invitational Guest Artist Group Exhibition

October 22 – November 9

Lauren Jewell, Matthew Mancusi, Sabrina Woods Senior Exhibitions

November 12 – 23

Contemporary Art Student Group Exhibitions

December 5 – 7

LSA Holiday Art Bazaar

Faculty and Student Art Sale

January 9 – February 1

Closing Reception and artist talk TBA

Guest Artist

Guest Artist Exhibit

February 4 – February 15

Graphic Design Seniors Senior Exhibitions

February 18 – March 1

LSA Art Exhibition League of Striving Artists Group Show

March 4 – 15

Lizzie Cochran, Megan Flowers, Ben Joyner Senior Exhibitions

March 17 – March 21

Opens Monday, March 17 High School Art Exhibition

Juried Area High School Student Exhibition

April 15 – 26

VTA Student Art Exhibition Juried Student Group Show

West Tennessee Regional Art Center (Humboldt, TN)

Oct 23 – Nov 15, Closing Reception Nov 15 from 5-6:30 p.m.

Bellwethers Exhibition

Juried Regional Student Exhibition sponsored by WTRAC and UTM VTA

UT THE UNIVERSITY OF TENNESSEE MARTIN

VANGUARD THEATRE

The Deviners

by Jim Leonard Jr.

November 1 - 3

Harriet Fulton Theatre • Fine Arts Building

Reader's Theatre

Discussion following each performance between actors, director, and audience.

Nov 14: Student Written Plays

William H. Snyder Little Theatre • Fine Arts Building

Seussical the Musical

Musical by Lynn Ahrens and Stephen Flaherty

March 6 - 9

Harriet Fulton Theatre • Fine Arts Building

Student Directed Showcase

The Directing class presents their final projects

April 24 - 25

William H. Snyder Little Theatre • Fine Arts Building

UTM DANCE ENSEMBLE

What is Christmas?

UTM Dance Ensemble Fall Showcase

November 21 & 22

Harriet Fulton Theatre

Generations

UTM Dance Ensemble Spring Showcase

April 10 & 11

Harriet Fulton Theatre

Remember!!!!

Department of Visual and Theatre Arts evening performances begin at 7pm. Sunday matinee performances begin at 3pm.

For detailed information on all Visual and Theatre Arts events, please visit our website www.utm.edu/vta or call 731.881.7400.



UT MARTIN
Department of Visual and Theatre Arts

Football kicks off season at K-State

Co-Sports Editors Connor Butts & Nate Szarzynski, Co-Features Editor Chyler Lee

The UT Martin Skyhawks open the 2024 season with a grueling matchup at Bill Snyder Family Stadium against the Kansas State Wildcats at 6 p.m. on Aug 31.

The Skyhawks will look to continue their success into 2024. Like Georgia a year ago, the Skyhawks will face their toughest opponent of the season in week one as the Skyhawks head into Big XII country to face the 18th ranked Kansas State Wildcats.

The Wildcats are returning 50.5% of production from their 2023 Big XII championship roster. They most notably lose production at the quarterback position, with the loss of starting quarterback Will Howard who transferred to Ohio State this past season. Howard will be replaced by Avery Johnson; the sophomore quarterback from Wichita, Kansas is a former 4-star recruit and was the number one player in Kansas coming out of high school.

Running backs DJ Giddens and Dylan Edwards are two major pieces of the Wildcat offense. Giddens was Kansas State's leading rusher last season with 1,226 yards at 5.5 yards per carry and 10 touchdowns for the Wildcats. Edwards is an incoming transfer from Colorado who put up 620 all-purpose yards and five touchdowns for the Buffalos last season and will likely be a threat on the ground and through the air.

The Wildcats also return veteran players on the defensive end with senior linebacker Austin Moore and senior safety Marques Sigle. Both players tied as the leading tacklers for the Wildcats in 2023 with 63 tackles. Sigle and Moore will make it tough for the Skyhawks to break any big runs with their sure tackling on the front



UT Martin athletes participate in spring sports. | **Photo credits / University Relations and Sports Information**

and back end of the defense.

The Wildcats offense averaged 241.2 yards through the air and 204.1 yards on the ground in 2023. With the addition of Dylan Edwards to an already good running back group for the Wildcats and the elite rushing capabilities of Avery Johnson, expect the Wildcats to match or even ramp up their rushing production this season.

The Skyhawks are coming into the 2024 season looking different compared to last year. The new additions to the roster have the chance to make a difference in the opening weeks.

Running back (RB) Sam Franklin transferred to the Oklahoma Sooners after coming off of a strong season of 223 carries, 1378 yards, and 11 touchdowns while earning All-American honors. The Skyhawks look to replace that production with returning RB Narkel LeFlore and newcomer Patrick Smith from Vanderbilt. LeFlore is coming off a season of 382 yards and four touchdowns while Smith is coming off a 327 yard and two touchdown season.

The offense will also be missing tight end (TE) DJ Nelson who transferred to Alabama A&M after a four touchdown season. The Skyhawks brought in two new TEs in Tyler Dostin from Kent State and Katerian LeGrone from Delta State. The team hopes to have a new one-two punch in the run and pass game with the newcomers.

UCF gained a great defensive end (DE) in Daylon Doston after coming off of an award winning season in Martin that included 19.5 tackles for loss and seven sacks. Sophomore Skyhawk defensive tackle Charles Perkins is taking over one of the starting roles at DE after being named freshman All-American and having a four sack season. These are the players to watch as the Skyhawks face an uphill battle away against the Kansas State Wildcats.

The Skyhawks continue the 2024 campaign against Southeast Missouri (SEMO), North Alabama and Missouri State.

The SEMO Redhawks finished

**Week 1
Predictions**

Nate: 14-49

Wildcats

Chyler: 10-52

Wildcats

Connor: 18-60

Wildcats

2023 with a record of 4-7, losing their last three contests. This will be the Skyhawks first matchup against a conference opponent. Last season, the Skyhawks cruised to a 41-14 victory at home against the Redhawks.

The first homestand takes place week three against the Northern Alabama Lions on Sept 14 at Hardy M. Graham stadium at 6 p.m.. The Skyhawks defeated the Lions last season 37-21. The Skyhawks and Lions have only played each other once in the last 33 seasons.

The Skyhawks will then host the Missouri State Bears on Sept 21 at 6 p.m.. The Skyhawks defeated the Bears last year 38-31 in a close matchup. The Skyhawks have only defeated the Bears twice in the nine games against each other all time.

The Skyhawks finish the month of September with an away matchup against the Kennesaw State Owls. The Skyhawks have not faced the Owls since their 44-27 loss to Kennesaw State in 2022. The Skyhawks look to head into homecoming with the momentum of a big road game. The game is on Sept. 28 at 5 p.m.

Fall sports: Check upcoming home games

Rifle

at Murray State, Oct. 6 (Sun)
vs Akron, Oct. 11 (Fri)
vs Morehead State, Oct. 19 (Sat)
at Memphis, Oct. 26 (Sat)
vs Jacksonville State, Oct. 27 (Sun)
at Morehead State, Nov. 1 (Fri)
at Morehead State, Nov. 2 (Sat)
at Jacksonville State, Nov. 22 (Fri)
at Jacksonville State, Nov. 23 (Sat)

Soccer

vs Indiana State, Aug. 29 (Thu)
at Murray State, Sept. 1 (Sun)
at Louisville, Sept. 5 (Thu)
vs Northern Iowa, Sept. 8 (Sun)
at Evansville, Sept. 12 (Thu)
at Memphis, Sept. 15 (Sun)
at SIUE, Sept. 22 (Sun)
at Southern Indiana, Sept. 26 (Thur)
at Tennessee Tech, Sept. 29 (Sun)

Equestrian

Blue vs Orange Scrimmage, Sept. 28 (Sat)
at South Dakota State, Oct. 4 (Fri)
vs Fresno State, Oct. 5 (Sat)
vs UC Davis, Oct. 18 (Fri)
vs Oklahoma State, Oct. 19 (Sat)
vs Auburn, Oct. 26 (Sat)
at Delaware State, Nov. 15 (Fri)
vs South Dakota State, Nov. 16 (Sat)

Volleyball

vs The Citadel, Aug. 30 (Fri)
vs Grambling State, Aug. 30 (Fri)
at Alabama, Aug. 31 (Sat)
vs Arkansas-Pine Bluff, Sept. 6 (Fri)
vs North Alabama, Sept. 6 (Fri)
vs Missouri State, Sept. 7 (Sat)
vs Southern Illinois, Sept. 10 (Tue)
at Missouri, Sept. 13 (Fri)
vs Kansas City, Sept. 14 (Sat)

FALL 2024 | INTRAMURAL SPORTS SCHEDULE

INTRAMURAL CHAMPION

2024



2025

REGISTER at
imleagues.com

Leagues

Sport	Registration Opens	Registration Deadline	League Dates	Divisions	Fee	Captain's Meeting
Softball	August 26th @ 8am	September 5th @ 5pm	September 9th - September 26th	Men , Women, Co Rec	\$60	September 5th @ 5pm
Flag Football	October 7th @ 8am	October 17th @ 5pm	October 21st - November 7th	Men , Women, Co Rec	\$60	October 17th @ 5pm
Indoor Soccer	October 28th @ 8am	November 6th @ 5pm	November 11th - November 26th	Men , Women, Co Rec	\$60	November 6th @ 5pm

Tournaments

Sport	Registration Opens	Registration Deadline	Tournament Dates	Divisions	Fee	Captain's Meeting
Pickleball	October 7th @ 8am	October 17th @ 5pm	October 21st - October 31st	Singles, Doubles	\$5/player	Email
Tennis	August 26th @ 8am	September 5th @ 5pm	September 9th - September 19th	Singles, Doubles	\$5/player	Email

Single Events

Sport	Registration Opens	Registration Deadline	Event Dates	Divisions	Fee	Captain's Meeting
8 Ball	August 26th @ 8am	3pm Day of Tournament	Sept. 12th, Oct. 10th, Nov. 21st @ 7:30pm	Men & Women	\$5	Email
Ping Pong	August 26th @ 8am	3pm Day of Tournament	Sept. 10th, Oct. 8th, Nov. 19th @ 7:30pm	Men & Women	\$5	Email
Disc Golf	August 26th @ 8am	3pm Day of Tournament	Sept. 9th, Oct. 7th, Nov. 18th @ 5pm	Men & Women	\$5	Email
Golf Scramble	September 9th @ 8am	September 17th @ 5pm	September 19th @ 3pm	Men & Women	\$40	Email
Cornhole	September 16th @ 8am	September 30th @ 3pm	September 30th @ 6pm	Men & Women	Free	Email



FALL 2024

Group Fitness Schedule



September 3rd - December 5th

Monday	<p>4:00 PM - Sculpt w/ Marlee</p> <p>5:30 PM - Yoga Chill w/ Hannah</p> <p>7:30 PM - Party Cycle* w/ Kori</p>
Tuesday	<p>6:30 AM - Sculpt Circuit* w/ Betsy</p> <p>4:00 PM - Party Cycle* w/ Ruthie</p> <p>5:30 PM - Bounce w/ Artez</p> <p>6:30 PM - Party Cycle* w/ Jessica</p> <p>7:30 PM - Yoga Chill w/Avery (Starts Oct. 1st)</p>
Wednesday	<p>3:15 PM - Party Cycle* w/ Sami</p> <p>4:00 PM - Sculpt w/ Marlee</p> <p>5:30 PM - Yoga Chill w/ Hannah</p> <p>7:30 PM - Party Cycle* w/ Kori</p>
Thursday	<p>6:30 AM - Sculpt Circuit* w/ Betsy</p> <p>4:00 PM - Party Cycle* w/ Ruthie</p> <p>5:30 PM - Bounce w/ Artez</p> <p>6:30 PM - Party Cycle* w/ Jessica</p> <p>7:30 PM - Shake & Shimmy w/ Hannah B.</p>

*Denotes Class is Compatible with MyZone Belt
Faculty/Staff Class Wednesday & Friday 6:15AM. Membership required!


OUTDOOR ADVENTURE TRIP TO ST. LOUIS

SEPT. 22ND


&


GATEWAY ARCH NATIONAL PARK

CARDINALS BASEBALL GAME



INFORMATIONAL MEETING
9/3/24 @5PM

FOLLOW THE SKYHAWKS: WWW.UTMSPORTS.COM

<p>Facebook</p> <p>UT Martin Athletics</p>	<p>Twitter</p> <p>@UTMSports @UTM_Gameday</p>	<p>Instagram</p> <p>utmsports</p>	<p>Youtube</p> <p>UTM Skyhawk Athletics</p>
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Hawk Spot!

August 27, 2024
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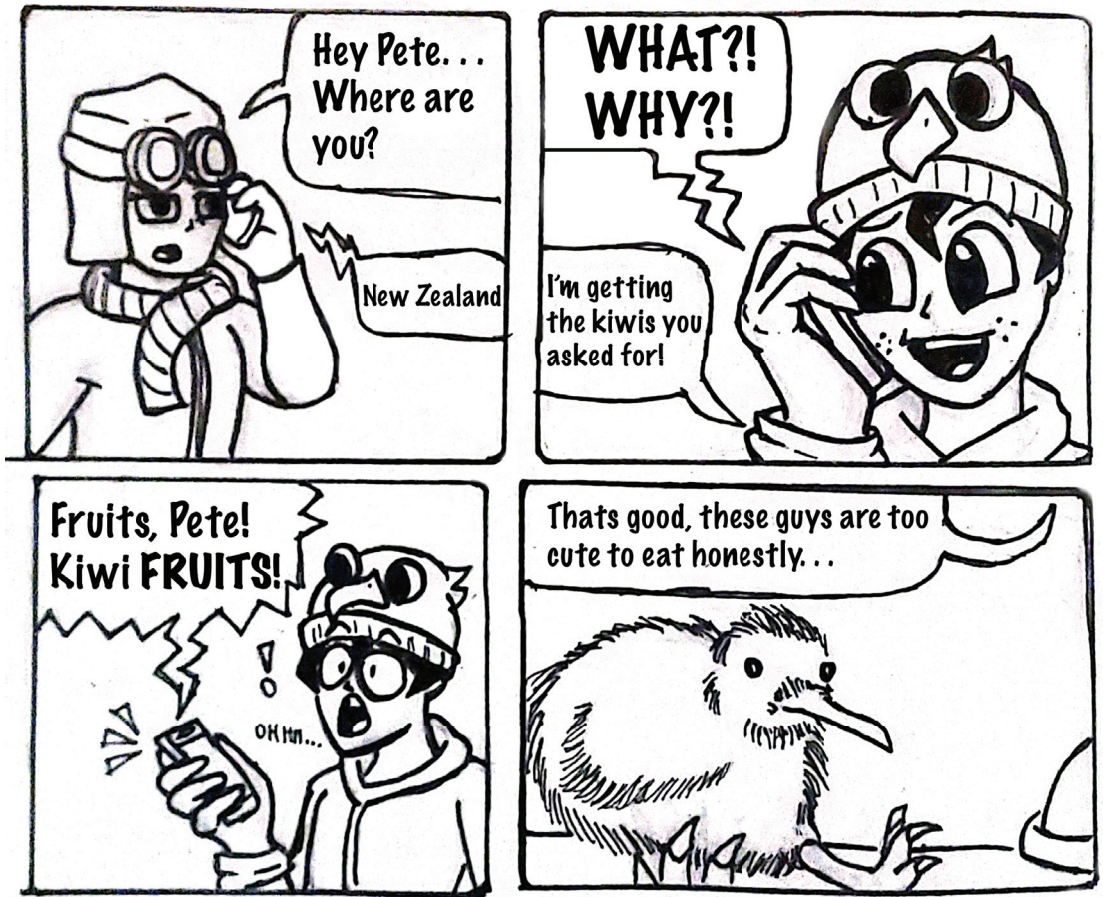
Pacer Pete Chronicles

Skyhawk Sudoku

6	9			8		1		
			2	1		3	6	
		5		6				
	3		4	8	7			2
8								9
1			3	6	9		7	
			8			5		
7	4			2	1			
	2		6				4	8

For answers, refer to our website at www.thepacer.net

SKYSTROLOGY



This month only, all Aries will receive one
ARIES: free brain cell, added to the lobe of their choosing.



You will use your entire monthly allotment of good luck by guessing your professor's computer password on the first try.
TAURUS:



Women love you. Men want to be you. Fish fear you. That's right: you're a 200lb oceanic whitetip shark.
GEMINI:



The stars ask you to reconsider trusting your gut. That thing can't even digest cheese, you know?
CANCER:



You'll be upset when your dog eats your homework again, Especially since your homework was on your laptop and you don't remember having a dog.
LEO:



Your credibility will be challenged when your pants spontaneously catch fire.
VIRGO:



Sure, play Frank Sinatra at full blast from your stereo, the stars are sure the neighbors won't mind.
LIBRA:



When the beast in the sewer gives you career advice, take it. It doesn't share this knowledge with just anyone.
SCORPIO:



Your first essay this semester will consist of 47 well-strung-together limericks and nothing more.
SAGITTARIUS:



Thou shall step in foul beastie excrement during the procurement of sustenance, staining thy footwear with a most foul stench for many moons.
CAPRICORN:



Your new idea for Twister--handcuffing everyone together--won't be received well at the family picnic.
AQUARIUS:



Due to a lack of available writing utensils, your stage play will have to be chiseled into the back of your car.
PISCES: